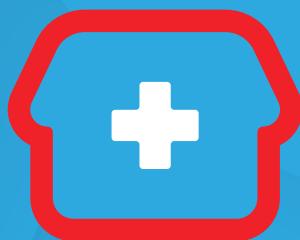


# Digitaka na veiqaaravi ni bula ka veiganiti me baleti iko kei na nomu matavuvale:



## Qaqarauni e Vale

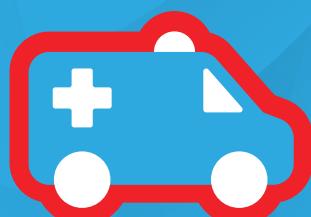
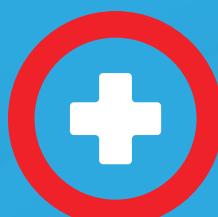
iTukutuku kei na ivakasala ena [Healthify.nz](https://www.healthify.nz).

## Na veiqaaravi ni Healthline 0800 611 116

iVakasala vakavuniwai kei na itukutuku ka sega ni saumi.

## Wainimate

iVakasala ena wainimate kei na icula ni itatarovi.



## Veivale ni Veiqaaravi Raraba Vakavuniwai

Gauna ni veivosaki -  
vakatamata se initaneti.

## Valenivilavola ni Veiqaaravi Vakavuniwai ena Vakacalaka

Taudaku ni auwa se  
vakatotolotaki ni veiqaaravi

## Veiqaaravi ni Leqa Tubukoso

Qirita na 111 ena dua  
na leqa tubukoso.

**Na tiko Vinaka ena  
Vula ibatabata ogo**