

# Choose the right healthcare for you and your family:



## Care at Home

Information and tips at  
**Healthify.nz**



## Healthline 0800 611 116

Free medical advice and  
information any time



## Pharmacy

Advice on medicine and  
vaccinations



## General Practice Medical Centre

Appointments - in person  
or virtual



## Accident Urgent Medical Centre

Out of hours or  
urgent treatment



## Emergency Ambulance

Call 111 in an emergency

**Stay well  
this winter**