

E fai vehea te hiakiga e fakaaoga ai te **Rapid Antigen Test**

Ko te lahiga o na "Rapid Antigen Test" e mulimuli ki na fakamatalaga i lalo, kae he ko na vaega uma. Fakamolemole oi faitau ifo ki na pepa e maua ai na fakamatalaga mai ke kamupani na fai e kilatou.

1 HAUNIUNI

- Fakamautinoa ko o lima e fafano muamua ka ko heki kamatā
- Hauinuni he koga lelei ke fai ai tau hiakiga - e hili atu ia luga o he laulau e gatahi.
- Fakatātia na mea e fai ai to hiakiga - e lua au pepa.



2 SWAB

- Tatala te pepa muamua ma toho mai ki fafo
 - Te mea e huke ai to ihu (e vēia he mea faitaliga)
 - Te tamā fagu e iloto ai na valakau, ma te
 - Momono o te tamā fagu.
- Fakaulu te mea e huke ai to ihu pe 2-3 cm ki loto o he puihu - mimili takamilo i loto o to puihu, ke katoa to puihu i te mimiliga kae fai faka 4-5 te faiga oi kavehe ai.
- Fakaaogā te mea lava tēnā e fokotahi ke huke ai to tahi puihu ma fai te faiga na fai ki to puihu muamua.



3 AO NA MEA E FAKAAOGĀ

- Tatala te tamā fagu, fakaeteete ke na he maligā na vailakau.
- Tuku te mea na huke ai to ihu ki loto o te tamā fagu ke pa ki te takele ma heo fakatakamilo ke fakamautinoa ko te vailakau ma te mea na e i to ihu e tau lelei te paluga.
- Kaumai ki fafo te mea na e iloto o to ihu, kae unati te tamā fagu i te taimi e toho mai ai ki fafo. E tāua lele ke lahi he vaikau e tatau mai te mea na i loto o to ihu ki loto o te tamā fagu kafai e mafai.
- Fai te momono o te tamā fagu ma lu te fagu ki na itu pe fakatatū ki ho muamualima.
- Tuku te tamā fagu ki he mea kae fakatu hako ki luga - e mafai ke fakatu e koe ki loto o he ipu inu.



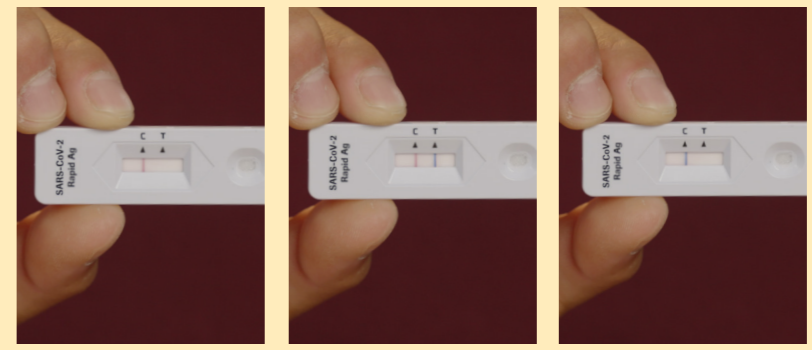
4 HIAKIGA

- Tatala te pepa tona lua ma kavekehe te ipu e fai ai te hiakiga.
- Tago ki te tamā fagu, liliu ia lalo ki luga, kae tatau malie ni moti e 4 ki loto o te tamā liko e iei ai te pu.
- Fakatali mo he 15 minute.



5 IKUGA/NA HITEPU KA HOHOKO

- Kikila ki te koga e iei ai te hikuea i luga o te ipu e fai ai te hiakiga kafai kua katoa te 15 minute
 - Kafai e fokotahi te laina i lalo o te C = e heki maua i te hiama
 - Lua ia laina - lanu kukula i lalo o te C kae lanu moana i lalo o te T = kua maua i te hiama (e tuha pe tau hē matea te lanu moana)
 - Fokotahi te laina lanu moana i lalo o te C = e hē taulia te hiakiga
- Lipoti te ikuga o to hiakiga i luga o te Mycovidrecord.health.nz, pe telefoni ki te 0800 222 478 ma lolomi te numela 3 ite filifiliga e tuku atu.
- Kafai kua piki e tau hiakiga te hiama:
 - Fakamolemole oi fakailoa ki tau galuega ma na tino na e mafuta koe ki ei
 - Ko koe e tatau ke nofo puipuia. Kikila ifo ki te laupepa tenei a te Matāeke o te Ola Mālōlō, Advice, for people with COVID-19 mo ni fakamatalaga agai ki te nofo puipuia.



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